

## ELK PARK TRAIL

**Mileage:** 20 miles round-trip

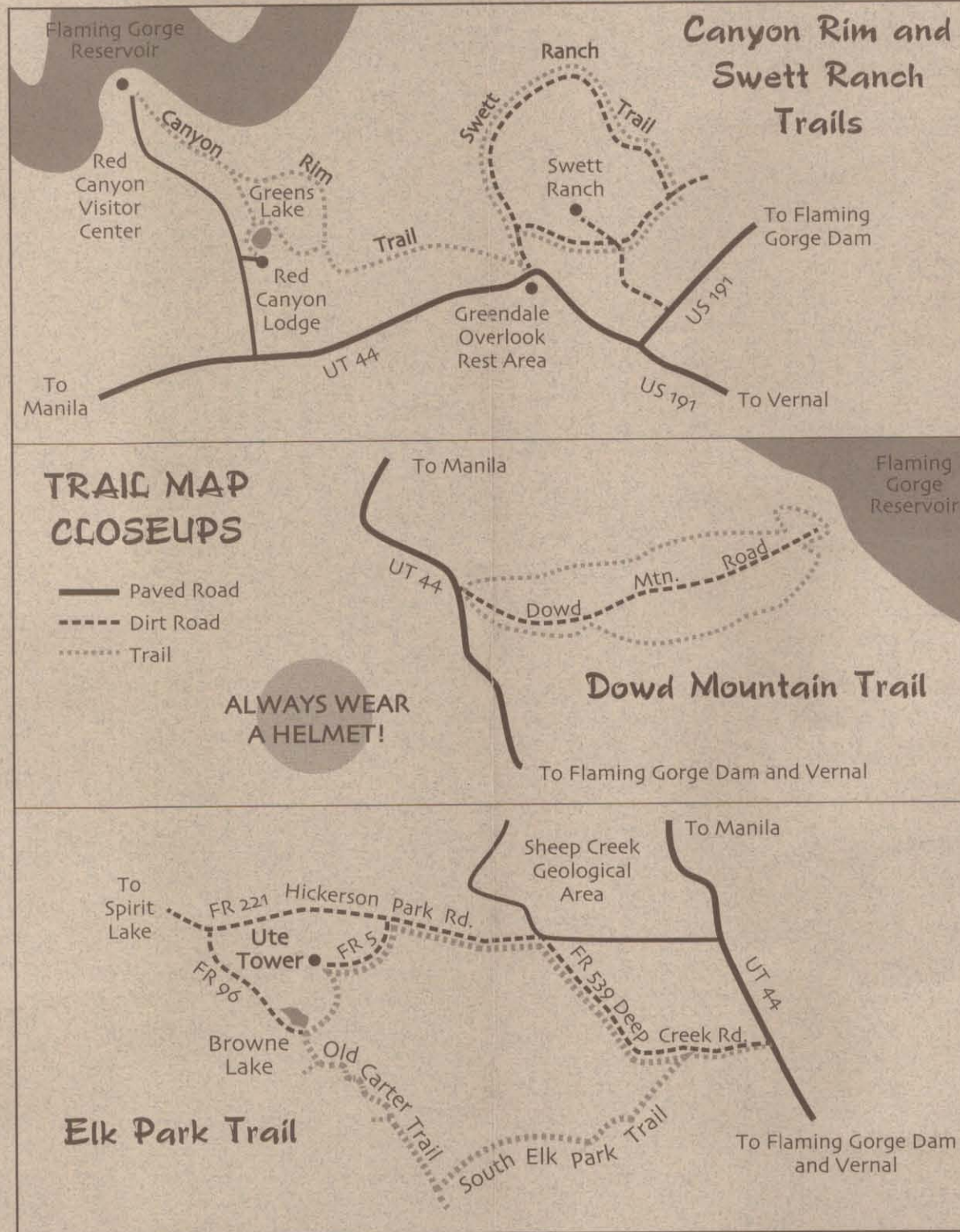
**Ability Level:** Strenuous

**Trailhead:** Parking is at the Deep Creek Road on UT 44 south of Manila at milepost 11.5

**Description:** This double-track and single-track combination begins at UT 44 and enters Elk Park at mile 1.5. Here a loop begins; it may be followed in either direction. To ride the loop counter-clockwise, follow the 2WD road past Deep Creek Campground to the Spirit Lake Road. About 1 mile west of this junction go south to Ute Mountain Fire Lookout Tower. This historic tower is open to the public most summer days. The route continues on single-track down to Browne Lake and on to Young Spring Park via the Old Carter Trail. Continue south over a rough cobblestone section for 1.5 miles to the South Elk Park Trail. Go east on this single-track and 2WD road back to Elks Park and the Deep Creek Road. Watch for vehicles on the double-track sections. (See closeup map.)

### TRAIL COURTESY

- **STAY** on established tracks.
- **YIELD** to hikers and horses.
- **WATCH** for wildlife on trails and vehicles on roads.



Flaming Gorge  
National Recreation Area  
is managed by the  
US Department of Agriculture  
Forest Service



Flaming Gorge NRA,  
Ashley National Forest  
P.O. Box 279  
Manila, Utah 84046  
(435) 784-3445  
[www.fs.fed.us/r4/ashley/](http://www.fs.fed.us/r4/ashley/)

Maps and other educational materials  
relating to Flaming Gorge  
are available from:

Intermountain  
NATURAL  
HISTORY  
Association

1291 E. Highway 40  
Vernal, Utah 84078  
(435) 789-8807  
[www.inhaweb.com](http://www.inhaweb.com)

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# MOUNTAIN BIKING



**MOUNTAIN BIKING** at Flaming Gorge offers riders a variety of landscapes and routes. The Utah portion of the recreation area has dramatic, steep-walled canyons, high forested mountains, and both single-track maintained trails and double-track routes. The Wyoming portion includes wide-open high desert terrain and numerous double-tracks. This brochure lists only the most popular routes; detailed topographic maps and a visit or phone call to our visitor centers will suggest alternatives.

All routes shown except Elk Park are marked with blue diamonds.

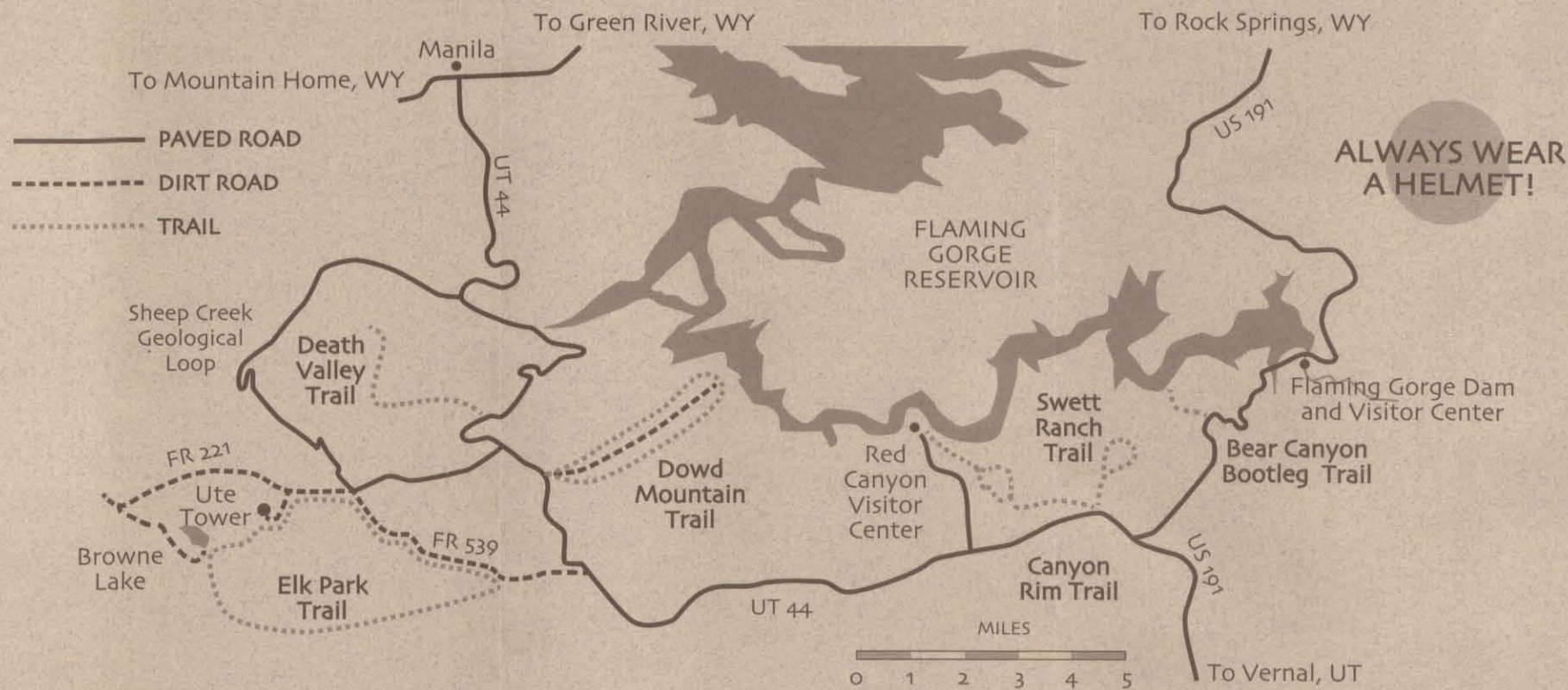
**BIKING CONDITIONS** vary throughout the year. Elevations on listed trails average between 7,000 and 9,000 feet. Summer thunderstorms with lightning can occur. Late spring, summer, and early fall are the best times to avoid snow and winter storms. Higher elevations closer to the mountains tend to be rockier; lower elevation riders should watch for occasional cacti.

**WATER SOURCES** are not reliable except at developed facilities in the summer.

**BIKING RESTRICTIONS** include the nearby High Uintas Wilderness from which all wheeled vehicles are prohibited. Little Hole National Recreation Trail, along the Green River below Flaming Gorge Dam, is open to bicycles from Labor Day through April 15 only.

**MAPS, BOOKS,** and other publications relating to Flaming Gorge are available from the Intermountain Natural History Association (see back of brochure.)

## FLAMING GORGE BIKE TRAILS



### BEAR CANYON BOOTLEG

**Mileage:** 3 miles round-trip

**Ability Level:** Easy

**Trailhead:** Parking is on US 191 opposite Fire-fighters Memorial Campground, 3 miles south of Flaming Gorge Dam.

**Description:** Single-track trail offers views of Red Canyon and Flaming Gorge Reservoir from an overlook at trail's end. A short spur trail leads to Flaming Gorge Lodge.

### SWETT RANCH TRAIL

**Mileage:** 8 miles round-trip

**Ability Level:** Moderate

**Trailhead:** From the east end of Greendale Rest Area on UT 44, 1 mile north of US 191/UT 44 junction.

**Description:** Double-track loop offers scenic views of Swett Ranch Historic Site (open to the public during summer), Flaming Gorge Reservoir, and Baretop Mountain. Watch for motor vehicles on the south section of this route. (See closeup map on reverse.)

### CANYON RIM TRAIL

**Mileage:** 3.5 miles one-way

**Ability Level:** Easy

**Trailheads:** Main trailheads are at Red Canyon Visitor Center and Greendale Rest Area. Other trailheads are at Greens Lake and Canyon Rim campgrounds, respectively 1/2 mile and 2 miles north of intersection of UT 44 and Red Canyon Road.

**Description:** Single-track hiking/biking trail connects Red Canyon Visitor Center with Greendale Overlook. From Red Canyon VC

it follows the rim of the canyon for about 1 mile to Canyon Rim Campground, and offers spectacular views of 1,400-ft-deep Red Canyon. The loop section between Canyon Rim and Greens Lake campgrounds parallels the rim on the north side and passes Greens Lake next to Red Canyon Lodge on the south. The remainder of the trail goes through open ponderosa pine and aspen forests. (See closeup map on reverse.)

### DOWD MOUNTAIN TRAIL

**Mileage:** 10 miles round-trip

**Ability Level:** Moderate

**Trailhead:** Parking is at the beginning of the Dowd Mountain Road off UT 44 about 14 miles south of Manila at milepost 13.9.

**Description:** This loop route is a combination of single-track trail and double-track road. It offers outstanding views of Flaming Gorge and the western portions of the reservoir from the overlook. Following the route counterclockwise brings exciting whoop-de-dooos at the finish. (See closeup

### DEATH VALLEY TRAIL

**Mileage:** 15 miles round-trip

**Ability Level:** Moderate

**Trailhead:** Park at the trailhead sign on UT 44 south of Manila at milepost 16.5 opposite the Death Valley Road.

**Description:** This double-track combination of 2WD and 4WD dirt roads offers scenic views of the high peaks of the Uinta Mountains. The marked route ends at the top of Sheep Creek Hill with a fine view of Flaming Gorge Reservoir. There is a short, steep descent into Death Valley (Lots of rocks!) followed by a short, steep ascent up Sheep Creek Hill.